

CERTIFICATE

OF PARTICIPATION

This is to certify that

Corne de Fouw

Has successfully participated & completed the

8km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:01:25

PACE 07:39/km

OVERALL 9 of 166

23 June 2019, Sun

Date

GENDER 7 of 78

14 - 19 2 of 2



BoutTime

Signature